

TAB TELL ALL



TAB RETAIL REMODELING INC.

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Remodel Spotlight: Steamboat Springs & Phenix City

In this month's installment of Remodel Spotlight, we highlight TAB operating in Steamboat Springs, Colorado at Walmart 1808. This project is being ran at the site level by Taneya "Nikki" Hardin. It has been supported on the shift level by Christopher Hardin and Michael Knight. The crew is made up of a great group of travelers who have worked together amazingly. Their production and attention to detail in this remodel has been second to none. Ms. "Nikki" runs a smooth even-handed project and the success of the remodel and her team is a testament her management style. The RPL and Store Planning team have been very happy with TAB's services. Great Job TEAM!



Steamboat Springs, CO
Walmart 1808



Our second highlighted remodel takes place at the at Walmart 5903 in Phenix City, Alabama. This project has been run at the Site level by Adam Waters. Adam is one of our first year Site Managers who has excelled in his new role. A great example of his ability to step up and lead is Adam has until very recently been running this remodel for months without an official experienced shift manager. The project has been accomplished through teamwork and highlighting the strengths of his team members. Adam has really had wonderful support from his awesome team. Their collective work and upbeat morale is a shining example of the environment Adam is able to foster. We are very proud of everyone of this site and they have been an excellent example of TAB togetherness.

Special points of interest:

- Remodel Spotlight
- Order your Thanksgiving Meal
- Fun Facts
- Safe Driving

Phenix City, AL
Walmart 5903



Thanksgiving Day is a national holiday in the United States, and Thanksgiving 2022 occurs on Thursday, November 24. In 1621, the Plymouth colonists and the Wampanoag shared an autumn harvest feast that is acknowledged today as one of the first Thanksgiving celebrations in the colonies. For more than two centuries, days of thanksgiving were celebrated by individual colonies and states. It wasn't until 1863, in the midst of the Civil War, that President Abraham Lincoln proclaimed a national Thanksgiving Day to be held each November. In November 1621, after the Pilgrims' first corn harvest proved successful, Governor William Bradford organized a celebratory feast and invited a group of the fledgling colony's Native American allies, including the Wampanoag chief Massasoit. Now remembered as American's "first Thanksgiving"—although the Pilgrims themselves may not have used the term at the time—the festival lasted for three days.

Thanksgiving the Origin Story



FUN FACTS!

- Hot water will turn into ice faster than cold water.
- The Mona Lisa has no eyebrows .
- The strongest muscle in the body is the tongue
- Ants take rest for around 8 Minutes in 12-hour period
- "I Am" is the shortest complete sentence in the English language
- Coca-Cola was originally green
- The fastest gust of wind ever recorded on Earth was 253 miles per hour

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1 Team 1 Goal 1 Family



21 Best Places to Order a Fully Cooked Thanksgiving Dinner to Go

1. Harry & David

2. Nueske's

3. Omaha Steaks

4. Williams Sonoma

5. Goldbelly

6. Bob Evans

7. Boston Market

8. Brio Italian Grille

9. Cracker Barrel

10. Denny's

11. FreshDirect

12. Maggiano's

13. Marie Callender's

14. Bravo! Italian Kitchen

15. Costco

16. Whole Foods

17. Buca di Beppo

18. HelloFresh

19. Trader Joe's

20. Albertsons

HoneyBaked Ham Co.



Tips That Help You Drive Safely for a Long Time

The first rule is to never drive a car if you are already tired. ...

Bring along a passenger. ...

When driving a long distance, it is best to partner with another experienced, trustworthy driver. ...

Listen to the radio. ...

Take frequent breaks. ...

Have a snack. ...

Use a GPS device.

Wear your seatbelt,

Watch out for dangerous drivers,

Keep your hands on the wheel

Use your mirrors to stay aware of what's going on around you.

Set your schedule. Getting the pace right is a big part of a trip's success

Follow the 2 second rule: To use the rule, drivers should allow the vehicle in front to pass a fixed object such as a lamp post or road sign then count to two seconds. If they reach two seconds before reaching the reference marker they need to drop back.



Your attitude dictates how well or how safe you'll drive behind the wheel. If you have a good attitude and a clear mind, you're much less likely to drive erratically or put yourself in high-risk situations.

Lane changes: Avoid unnecessary lane changes. Check your blind spots by looking over your shoulder before changing lanes.

Always use turn signals.

Blending with traffic: Blend your speed with the traffic as much as possible without exceeding the speed limit

Check tires and tire pressure. ...

Listen to and feel the brakes. ...

Secure and test the battery. ...

Top off engine oil and other fluids. ...

Replace wiper blades and replenish windshield cleaner. ...

Check belts and hoses. ...

As a general rule, it's best to take a break of at least 15 minutes every two hours